

### From the CEO's Office...

Joining Health Strat is an exciting opportunity for me. Health Strat has positioned itself as a pioneer in health systems assessment and innovative, sustainable health systems solutions. Having accomplished much in 3 years since inception, Health Strat is rearing to be a game changer in matters of public health. The Transforming TB & HIV Prevention, Care and Treatment in Prisons (TACT) program was launched in March 2015. This is a huge milestone for Health Strat as the prime recipient of the 5 year Prisons' grant. The launch has enabled our stakeholders to engage informatively based on the goals and objectives of the program shared at the event. It has also received goodwill from Government of Kenya, with the Principal Secretary for Interior and National Coordination Madam Jospheta Mukobe being chief guest at the event. To all our esteemed partners; CDC Prevention Branch Chief Dr. Kipruto Chesang', Commissioner General of Prisons Mr. Isaya Osugo and all of Kenya Prisons Service team, Deloitte Consulting, University of Maryland Baltimore and agencies including NASCOP, NLTP and NACC we say thank you for your support through the first year of this program. We aim to expand our partnerships to county level to develop sustainable systems and practices to transition the grant.

Another highlight in this quarter is our partnership with Partnership for Community Transformation (PCT) in the Community Transformation Centre (CTC) project. This is a ground breaking venture aiming to improve the socio-economic determinants of health and wellness. The multi-acre "campus" that will serve Seme Sub-County (Kisumu County) and surrounding sub locations with a combined population of approximately 146,000 people will be a research, innovation and training center for development and poverty reduction interventions. As such, the CTC will demonstrate how available resources can be maximally utilized through innovative technology to diversify income sources. Through the centre community members will be trained on various technologies and link them to markets. To enhance uptake and implementation of these technologies, CTC will provide micro-credit loans for the start-up inputs required to implement them. Our Vision is that all people in developing countries should have access to affordable, comprehensive, evidence-based, high quality, responsive and sustainable health care. As incoming CEO I have committed myself to leading the team to revolutionize healthcare systems through technology based assessments, strategy development and execution, and creating holistic health solutions on a platform of continuous quality improvement and efficiency. For more highlights of what we have been up to, read on.



**Dr. Andrew Nyandigisi**  
CEO Health Strat

### Welcoming The New CEO

Health Strat is a public health organization that has, among other great feats pioneered a 360° Health Systems Solutions product, applying a customized approach to service delivery capability assessments, development of solutions and their execution strategies and robust technology based monitoring systems. In our rapidly growing organisation, a vision bearer and team leader is a critical role which was recently taken up by a very able Dr. Andrew Nyandigisi.

Dr. Andrew Nyandigisi, the new Chief Executive Officer of Health Strat is a goal oriented, people focused visionary. With a career spanning 10 years, Dr. Nyandigisi has extensive experience in the field of health with a bias in health policy and health systems strengthening. He holds a Bachelor of Pharmacy from University of Nairobi, MSc in Health Economics and Policy and an MBA in Strategic Management all from The University of Nairobi.

Dr. Nyandigisi has worked in different capacities within the Ministry of Health-Kenya as Focal Person for The World Bank Funded program, East Africa Public Health Laboratory Network, as the Country Coordinator for Affordable Medicine for Malaria, Secretariat to the joint inter agency coordinating committee (ICC) for HIV, TB and Malaria, Focal Person for Case Management of Malaria and most recently as in charge of partnerships and resource mobilisation in the National Malaria Control Program. His key competencies include health policy assessment and development, health systems strengthening, resource mobilisation, supply chain management and monitoring and evaluation. He is passionate about designing and implementing sustainable home-grown solutions to public health problems. When he is not thinking of the next health systems solution he enjoys playing soccer and enjoying quality time with family.

Karibu Health Strat Dr. Nyandigisi!

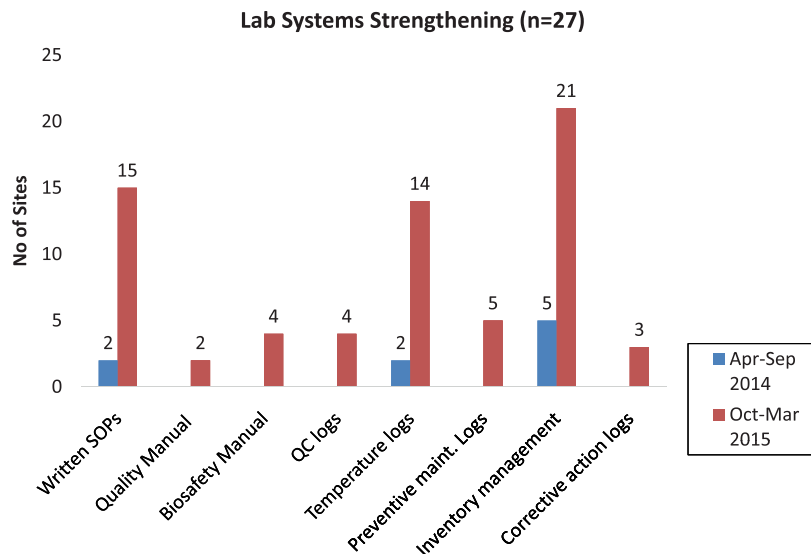
## PROGRAMS

### Transforming TB and HIV Prevention Care and Treatment in Prisons (TACT)

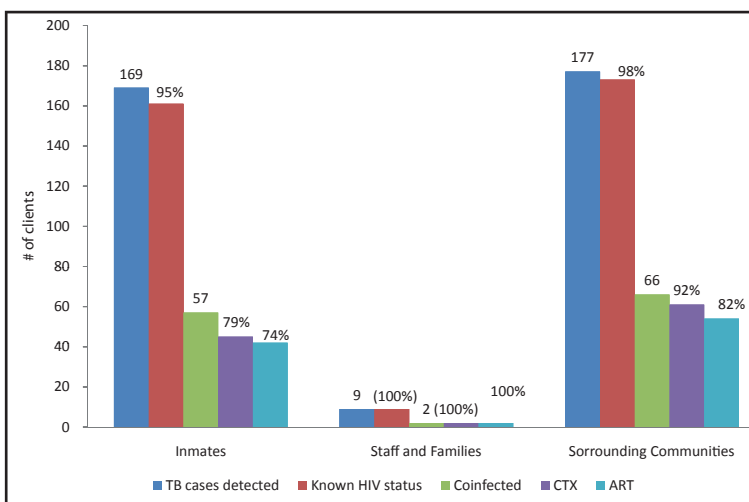
TACT is a PEPFAR-CDC funded program whose goal is to strengthen the capacity of the Kenya Prisons Service (KPS) to deliver a KPS led and managed high quality comprehensive HIV and TB prevention, care and treatment program, serving prison staff, their families, and inmates. The program is implemented through a consortium of partners led by Health Strat as the prime recipient and Kenya Prisons Service, Deloitte Consulting and University of Maryland, Baltimore (UMB). The January-March 2015 quarter was an exciting one for TACT as it had the following successful activities:

- Launch of program and closure of Year 1 - March 31st 2015 saw the end of year 1 for the TACT program. TACT launch was held on 26th March. Read on below for a comprehensive summary of the launch.
- RESPECT-K Training-RESPECT-K is an Evidence Based Behavioural Intervention (EBI) that is vital for the program since the program's core is in HIV prevention. 25 Training of Trainers (TOTs) were trained in the month of January. The TOTs were drawn from the various regions that have KPS facilities so that the training is cascaded to the regions.
- CQI Training-Continuous Quality Improvement is part of the reporting requirements for the grant. Participants of the training were drawn from KPS and Health Strat. They included the AIDS Control Unit (ACU), Regional AIDS Control Unit Officers (RACUs), Regional Clinical Specialist (RCS) and Health Strat Programme staff. University of Maryland conducted the training. Participants also developed action plans to be implemented at their various stations.
- Technical Assistance Activities - TACT Technical Assistance (TA) team conducted several TA visits. The regions covered were: Central, Western, Nyanza, Rift Valley and Nairobi. The full complement of the joint TA team was at hand to provide TA at the sites.

**TACT Laboratory Support between October 2014-March 2015**



**TACT TB Treatment between January 2015- March 2015**



There were 169 cases of TB in the quarter. The HIV status of 95% of the 169 patients was determined/reported by the end of the quarter. Of the 169, 57 patients were HIV positive (had both TB and HIV infection). 79% of the TB/HIV coinfecting patients (i.e. of the 57) were reported to be on cotrimoxazole during the reporting period. 74% of the TB/HIV coinfecting patients (i.e. of the 57) were reported to be on ART during the reporting period.

## TACT Program Launch

The Transforming TB and HIV Prevention, Care and Treatment (TACT) Program was launched on 26th March 2015. The much anticipated event was a colourful function, attended by over 100 representatives from all regions of Kenya. The launch was one of a kind for Health Strat as our premiere program launch, and similarly a unique project for the TACT consortium, led by a high capacity committee consisting of representatives of all consortium members :- Kenya Prisons Service (KPS), Deloitte, University of Maryland-UMB and Health Strat), a team that was led by the KPS Head of AIDS Control Unit (ACU) Madam Mary Chepkonga. The event's objectives were:

- To introduce all stakeholders (these include national government, county governments, government HIV/AIDS agencies, Ministry of Health, and KPS leadership at headquarter and regional level) to the aims and goals of TACT program
- To share findings from the joint baseline assessment carried out late last year jointly by KPS, Deloitte, UMB and Health Strat technical teams
- As a platform to launch the revised Prisons HIV Workplace Policy.

The event, which was supported by CDC, was presided over by the Principal Secretary for Interior and Coordination of National Government Madam Jospheta Mukobe. The function was also attended by the Commissioner General of Prisons Mr. Isaya Osugo and senior management from KPS. Other guests in attendance were; CDC Prevention Branch Chief Dr. Kipruto Chesang' and other CDC representatives, Regional AIDS Control Unit Officers (RACUs), Officers in Charge of various prisons, regional health workers and members of the TACT consortium.



Commissioner General of Prisons (CGP) Mr. Isaya Osugo (far right) addresses TACT consortium representatives before the event begun.



Madam Jospheta Mukobe addresses guests after cutting the ribbon. Looking on (from left) is CGP Mr. Isaya Osugo, Health Strat Chief Operating Officer(COO) Cecilia Keiru, TACT program Principal Investigator (P.I) Prof. Sylvia Ojoo, KPS Head of ACU Madam Mary Chepkonga and Director of Health Services in KPS Dr. Charles Isiaho



Part of TACT program team from KPS and Health Strat with their launch giveaways



Madam Jospheta Mukobe officially launches the KPS HIV/AIDS Workplace Policy at the launch



Dr. Kipruto Chesang' of CDC in conversation with TACT P.I Prof. Ojoo and CGP Mr. Osugo



Guests at the launch

## WORLD TB DAY

The World TB Day was marked on 24th March this year. This year's theme was Reach the un-reached, find, treat and cure TB. The Nairobi County Health Department in conjunction with Health Strat held its commemoration on 23<sup>rd</sup> at the Nairobi Remand and Allocation Prison to precede the national celebration in Siaya County. Health Strat supported a 3 day intensive case finding and screening of TB at the remand facility.

Other activities undertaken within this initiative were:

- Health talks focusing on TB
- Distribution of information, educational and communication materials
- TB composition contest
- TB screening by using PF10 form and further screening by clinicians
- Sputum testing
- Treatment of TB infected individuals

Health Strat's team also took part in the very entertaining commemoration which included inmates' participation.



Guests at the event

Entertainment by the inmates



Nairobi County Health Representatives at the event



Health Strat team at the commemoration



Health Strat COO Cecilia Keiru signs the visitors' book at the Nairobi Remand Prison



Partner representatives at the event:  
Nairobi County Health Department,  
Kenya Prisons Service,  
Ministry of Health and Health Strat

## **Partnership for Advanced Care and Treatment (PACT)**

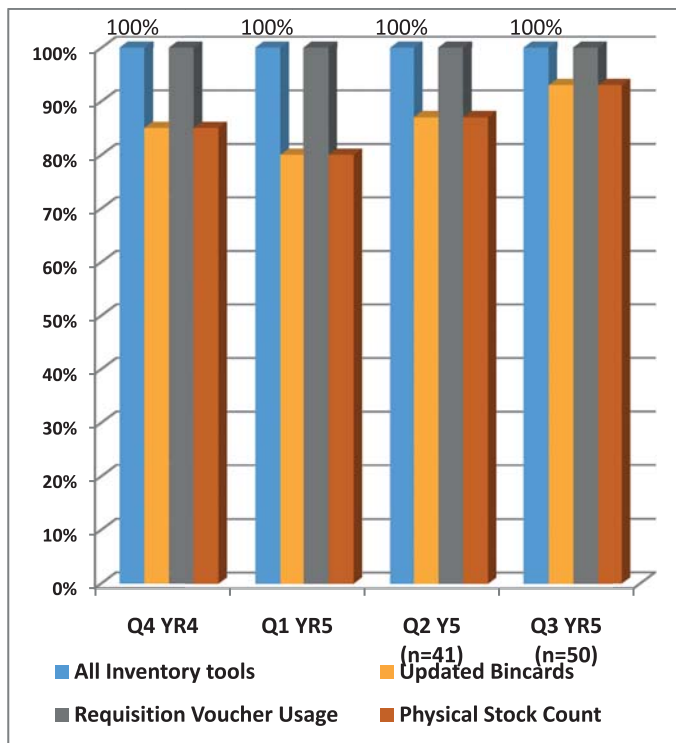
Partnership for Advanced Care and Treatment (PACT) program is a collaboration between University of Maryland Baltimore (UMB) as the prime and University of Nairobi (UoN) and partners with National AIDS and STD Control Program (NASCO), under the Kenya Ministries of Health (MOH) and the Nairobi county government in expanding access to HIV prevention, care and treatment services in 50 health facilities within Nairobi County between July 1, 2010 – June 30, 2015. PACT is funded by President's Emergency Plan for AIDS Relief (PEPFAR) through a collaborative agreement with Centers for Disease Control (CDC).

In the 3rd quarter of the 5th year the program received a notice of award extension for an additional 15 months. CDC announced the 15 Months extension for the period (July 1st 2015 to September 30 2016), the continuation application was submitted and it incorporated new strategies that would scale up service delivery for the duration.

Other highlights in the quarter are;

- Improvement in service delivery- The improvement specialists continuously offer technical support to the sub county teams together with the facilities on various component areas. Notably the Maternal and Child Health specialist through the leadership of the senior technical advisor carried out various activities including dissemination of new ART guidelines where 30 participants were trained. Most of these participants were mainly from the facilities offering PMTCT.
- The Continuous Quality Improvement team has continuously improved quality of care in the facilities with some of the activities within the quarter being; Quality Improvement work plan review meeting held to discuss progress of current QI projects in 21 CCC facilities where participants included facility managers and QI team leads, presentation of Small Tests of Change by different quality teams from various facilities. This offers a learning experience for facilities that are lagging behind on various aspects.
- The Pharmacy team continued to support distribution and re-distribution of monthly supplies of ARVs and Opportunistic Infections drugs in 8 sub- counties. Supply chain also offered targeted Pharmacy Technical Assistance activities were carried out at various health facilities during the period.
- The longitudinal team held several meetings aimed at reviewing the monthly HTC, PHDP and discordant couple reports with the HTC and adherence counsellors .The counsellors were also taken through a CME on discordancy and the current guidelines on the standard package of care for the discordant couples. In addition, the team held a monthly meeting with the community health workers to discuss achievements and challenges.
- The Longitudinal specialist also participated in the new HTC algorithm training held at Mathari hospital, whose main objective was to train healthcare workers particularly the nurses so they can provide HTC services to the inpatients.
- The Specialists team has continuously carried out onsite mentorship to the facility based staff centred on a targeted approach; where services are not optimally delivered or gaps have been identified. This has yielded better results by recording an increase in patient retention status by various facilities or increased uptake of services which is evident by rising enrolment numbers.
- Similarly the management team has also carried out various site visit and offered mentorship to the in-charge relating to the Human resources.

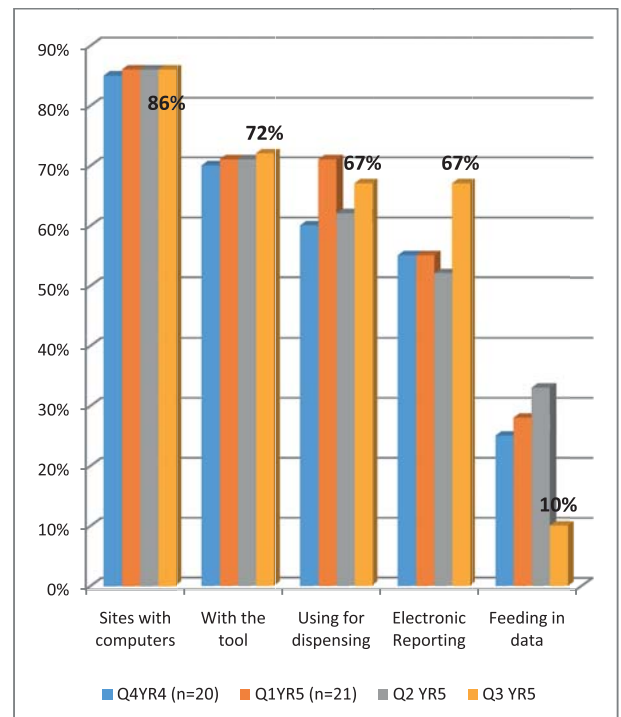
### Inventory Reporting for January-March 2015



#### **Inventory Reporting for January-March 2015:**

Inventory management in all PACT sites have continued to improve even after addition of new sites in year 5. All the sites have the necessary inventory tools and only challenge is their use occasioned by staff rotation. This is being addressed by targeted technical assistance.

### Uptake of Electronic ARV Dispensing Tool



#### **Uptake of Electronic ARV Dispensing Tool:**

In the effort of digitizing inventory management in all facilities offering comprehensive care services, the supply chain team in collaboration with the county and other partners has continued to incrementally install and mentor site staff on use of nationally accredited electronic inventory management software.

### Christian Health Association of Kenya HIV/AIDS Project (CHAP)

The Christian Health Association of Kenya HIV/AIDS Project (CHAP) of which Health Strat is a sub recipient from Christian Health Association of Kenya (CHAK), is in its fourth year of implementation. Over the January-March quarter they carried out several journal club meetings led by the outgoing Chief Technical Officer Dr. Jeremy Penner. In preparation for the annual audit, technical and strategy implementation meetings were held. The team was also involved in writing concept notes for various abstracts within the technical working groups. The team adopted a site in Marsabit for support. They also carried out a training of trainers (TOT) in Machakos for PMTCT as part of capacity building. The CHAP team also successfully uploaded their financial documents on ALFRESCO.

### Community Transformation Center (CTC)

The Community Transformation Center (CTC) is a multi-acre “campus” that will serve Seme Sub County and the surrounding sub locations with a combined population of approximately 146,000 people. The CTC will be a research, innovation and training center for development and for poverty reduction interventions. As such the CTC will demonstrate how available resources can be maximally utilized through innovative technology to diversifying income sources. It will train community members on these technologies and link them to markets. To enhance uptake and implementation of these technologies, CTC will provide micro-credit loans for the start-up inputs required to implement them.

**Afya Highlight of the quarter**

As an organisation, Heath Strat is keen on the wholeness and welfare of its employees. In March we held a career transition and financial wellness forum facilitated by Financial Academy and Technologies. The objectives of the workshop were to educate the staff on finding financial freedom and connecting passion/purpose to income generating activities. Some topics covered include: Designing your ideal job, Wealth acquisition, and Personal branding.



Health Strat's finance and career transition training conducted for staff members

***Pictorial***



PACT site staff at the quarterly meeting during a brainstorm session.



CHAP CQI Specialist Christabel Bodo conducts mentorship and charts audits



TACT Laboratory Specialist Fred Babu inspects Standard Operating Procedure documents at a KPS facility.



TACT Prevention Specialist Asher Otiende conducts technical assistance at a KPS facility



Guests at the TACT launch



Health Strat head office team with CTC field staff surveying the CTC construction site